

## FOR IMMEDIATE RELEASE

## ParetoHealth Named a "Healthiest Employer"

**Philadelphia, PA – November 13, 2023** – Pareto Health, Inc. ("ParetoHealth" or "the company") was named one of Philadelphia's "Healthiest Employers," based on its proactive approach to employee health and well-being and its exceptional health and benefits offerings. This is the second consecutive year that the ParetoHealth earned this recognition, attesting to the Company's continued commitment to these aspects of its employees' lives.

The Healthiest Employers program is administered by the healthcare data analytics platform Springbuk, and scores companies on six areas of health and wellbeing. In particular, the award recognized ParetoHealth's "Flexibility First" scheduling, which allows employees to decide whether and how often they work in an office versus remotely. The Company also pays the full cost of employee health insurance premiums and contributes to savings accounts (HSAs) for employees and their dependents. ParetoHealth employees receive stipends to optimize home offices, reimbursements for gym membership and fitness classes, workplace meals, time off to pursue volunteer opportunities, and matching gift programs, among other benefits.

"Our team is the heart of our company, and it's incredibly important to us that we do all we can to support their health and happiness to enable them to excel in all aspects of their lives," said Andrew Cavenagh, the Company's Chief Executive Officer. "It is vital that we put ourselves forward as a model for employee benefits can be done well. I am gratified that Healthiest Employers has recognized our existing efforts and look forward to doing even more."

Monica Panetta, Chief People Officer, agreed. "ParetoHealth values the well-being of the people who put us in our current market-leading position. We are glad that this award reflects that concerted effort, and we are always striving to find new ways to improve and innovate. In a tight job market, it is vital for any organization to offer stellar benefits in order to retain core employees while attracting new talent that meets our changing needs."

ParetoHealth forms and manages employee benefit group captives that mitigate the year-to-year volatility and risk inherent in self-insurance, thereby allowing employers to focus on reducing healthcare costs. Members of ParetoHealth captives gain access to an exclusive platform of risk management and cost-containment initiatives to help them provide high-quality and affordable healthcare to their employees. For more information, visit <a href="www.paretohealth.com">www.paretohealth.com</a>. Follow us on LinkedIn.

Contacts

ParetoHealth
Catharine Thurston
thurston@paretohealth.com